

FAMILY CHILD CARE AT ITS BEST

A Series of Early Care and Education Classes

Funded by the California Department of Education Early Education and Support Division
Administered by the Center for Excellence in Child Development

Please note:

These workshops are intended for licensed family child care providers and assistants, and privately operated child care center staff who work with mixed age children.

CSEFEL Teaching Pyramid, Module 1 Promoting Children's Success: Building Relationships and Creating Supportive Environments

Saturdays, March 4 and 18, and April 1, 2017
9:00 AM - 2:30 PM

Students must attend all three sessions to receive CEUs.

Children's challenging behavior continues to be the primary concern of teachers and caregivers. The Center for the Social and Emotional Foundations for Early Learning (CSEFEL) has developed a framework focused on promoting children's social emotional development and reducing challenging behavior in group care. The CSEFEL Teaching Pyramid Model considers ways to teach young children about appropriate behavior from a prevention perspective. Providers will learn a wealth of ideas and strategies to guide and support young children, and the instructor will provide assistance by email/phone between sessions.

Module 1 topics:

- Understanding the relationship between social emotional development and challenging behavior
- Practical strategies for building positive relationships with children
- Developing schedules and routines that invite cooperation from children
- Giving directions and teaching children about rules/expectations
- Using positive attention and descriptive feedback

About the Center for Excellence in Child Development

The Center for Excellence in Child Development engages in learning partnerships to improve the lives of young children. The Center is dedicated to quality care and education, and seeks to translate theory and research into developmentally appropriate practice. For more information visit our website: www.humanservices.ucdavis.edu/childdev



**To register for these FREE
workshops or for more
information:**

Contact Amalia Forcari
at (650) 517-1421
or email aforcari@sanmateo4cs.org

Workshop Location

4Cs of San Mateo County
330 Twin Dolphin Drive
Redwood City, CA 94065

**Please enroll at least 2 weeks before the
first session.** If you need driving directions,
please ask when you register.

**Please do not bring children.
Please bring a bag lunch.**

**Participants must RSVP; no late
admittance or walk-ins.**

Continuing Education Units (professional growth hours)

Participants will receive 1.5 continuing education units (CEUs) for the 15-hour workshop, if they attend all three sessions.

These continuing education workshops cannot be used to fulfill pre-licensure requirements and do not provide ECE units.

FAMILY CHILD CARE AT ITS BEST

Language and Literacy Focus

Supporting Young Bilinguals

- Students will learn about the different ways young children become bilingual, the advantages of being bilingual and the myths and truths related to this topic.

Introducing Language through Play

- Using a child-centered approach, participants will gain increased understanding and competence in methods for supporting emerging language and literacy capabilities, as well as guidelines concerning the creation of a print-rich environment.

Supporting Emergent Readers and Writers

- Participants will gain increased understanding of the components needed for children to learn to read and write. Suggestions concerning the creation of a print-rich environment and appropriate literacy activities will be provided.

Scientific Inquiry for Young Children

- This course encourages participants to examine ways to provide a rich science environment for children. Participants will explore everyday science and practice principles of inquiry and documentation to enhance discovery and scientific learning.

Building Numeracy Skills and Beyond

- This course encourages participants to examine ways to provide a rich math environment for children. Participants will learn strategies and activities that build developmentally appropriate math knowledge and skills in the preschool years.

Learning through Relationships with Infants and Toddlers

- This course addresses the emotional, social, intellectual, and physical development of infants and toddlers and the supportive role of the caregiver. Participants will gain an increased understanding of the role of relationships and emotional development in learning.

Culture and the Care of Young Children

- This course focuses on the impact of culture in the lives of children, families and child care providers, while emphasizing the role of child care providers in establishing daily routines and practices that support healthy development and help each child form a healthy cultural identity.

Guiding Young Children

- This course addresses the social-emotional characteristics, biological traits, and environmental influences on children's behavior. Practical suggestions for helping children manage their behavior while supporting optimal development are offered.

Motor Skills and Movement: Promoting Young Children's Physical Development

- This workshop concentrates on the movement and perceptual-motor skills that young children are motivated to learn and practice. With adult support, these skills set the stage for lifelong health and well-being. Topics drawn from the California Preschool Learning Foundations will be discussed in the context of family child care.

Healthy Habits: Nutrition and Well-Being for Young Children

- Children's health and healthy lifestyle choices can lay the groundwork for their later development. The Healthy Habits workshop focuses on supportive communication and participation in activities to help children develop behaviors that lead to healthy living, including making food choices, maintaining personal safety, and oral health.

Child Observation

- Participants will learn to critically analyze assessment tools and explore ways to use their observations to support children, families, and program development.

Social Emotional Development in Group Care

- Participants will explore the origins of children's behavior; including how biological factors, early childhood settings, family dynamics and the greater community influence child development.

Setting the Stage for Social Competence

- Participants will take a preventative approach to challenging behavior and plan activities that promote pro-social skills. Participants will learn specific strategies, using the environment and adult-child interaction, to facilitate friendship and build community.

Loss, Trauma and Young Children

- This workshop addresses the emotional impact of loss and trauma on young children and explores the provider's role in helping children cope with stressful events, such as divorce, separation and changing caregivers.

Caring for Mixed Age Children

- Mixed-age settings provide children with opportunities to observe, emulate and imitate skills and behaviors that can be monitored in a safe and developmentally appropriate manner. Participants will engage in strategies to benefit mixed-age children in a group setting as well as how to create a safe place for all ages to learn and grow.

Serving Children with Special Needs and their Families

- Providers are faced with special considerations and challenges, depending upon the needs of each child. This advanced workshop allows an opportunity to discuss how providers can include children with special needs in their program.

Partnering with Parents

- Working effectively with parents is at the heart of quality child care, yet there are many challenges in developing this relationship. This workshop is an opportunity to learn skills that maximize your ability to establish healthy communication and trust with parents.

CSEFEL Teaching Pyramid, Module 1: Promoting Children's Success: Building Relationships and Creating Supportive Environments

- Understanding the relationship between social emotional development and challenging behavior
- Practical strategies for building positive relationships with children
- Developing schedules and routines that invite cooperation from children
- Giving directions and teaching children about rules
- Positive attention and feedback

CSEFEL Teaching Pyramid, Module 2: Promoting Social Emotional Competence: Social Emotional Teaching Strategies

- Developing friendship skills
- Enhancing children's emotional literacy, including identifying feelings
- Managing anger and disappointment
- Encouraging children's problem solving skills
- Using art, puppets, books, and other materials to promote children's competence

Mathematics Focus

Science and Mathematics Focus

Infant-Toddler Focus

Health and Fitness Focus

Social Competence Focus

Parent Engagement Focus

Teaching Pyramid Focus