

Sudden Infant Death Syndrome



When: Tuesday, September 21st 2021

Where: online through Zoom

Time: 6:30pm-8:00pm

This workshop will be offered in English

4Cs welcomes Laura Garcia, RN PHN, from the San Mateo County Health Department

Participants will learn:

- **What SIDS is**
- **How to reduce the risk of SIDS**
- **Infant safe sleep techniques**

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZYodOirrj8jGdLYOTfbkVI4JqzbVQAYJKRz>

For more information please contact Blanca Parra at bparra@sanmateo4cs.org or 650-517-1446



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