

# Sudden Infant Death Syndrome



**When: Tuesday, March 16th 2021**

**Where: Online through Zoom**

**Time: 6:30pm-8:00pm**

**This workshop will be offered in English**

**4Cs welcomes Laura Garcia, RN PHN, from the San Mateo County Health Department**

**Participants will learn:**

- **What SIDS is**
- **How to reduce the risk of SIDS**
- **Infant safe sleep techniques**

**Register in advance for this meeting:**

**<https://us02web.zoom.us/meeting/register/tZYrf-6rrjorHtGpkd2X00n4YKclWV-jWJLf>**

**For more information please contact Blanca Parra at [bparra@sanmateo4cs.org](mailto:bparra@sanmateo4cs.org) or 650-517-1446**



**Child Care Coordinating Council  
of San Mateo County  
330 Twin Dolphin Dr. Suite 119,  
Redwood City, CA 94065  
650-517-1446**

